

PHG Needs Assessment Calculator
Costa Rica
Teratogens

Welcome to the PHG Health Needs Assessment Calculator for Teratogens. The contents of this file are listed below.

Full name of the sheet	Short name
Country demographic, maternal health and socioeconomic indicators	Demography
Country health service data	HealthServices
Teratogenic risk factors for congenital disorders in women of reproductive age	TER-NA1.1
Epidemiology of birth defects caused by teratogens	TER-NA1.2
TER Interventions 1:Effect of preconception screening and treatment	TER-Interv1
TER Interventions 2:Effect of prenatal screening and pregnancy termination	TER-Interv2
TER Needs Assessment Calculator 3: Quantitative assessment of interventions	TER-NA3

(There is no sheet TER-NA2.)

Costa Rica
Shared Data
Demographic, maternal health and socio-economic indicators

Please read first! If you have already completed a needs assessment for a different topic in this country, you will be able to copy the Demography information from that Calculator into here. The information should be the same.

By default, the Toolkit contains information at the national level.

If you would like to use a different population, then replace country information with that of your specific population of interest.

Number of persons by age-group and sex Age group	Estimates			Your estimates			Chosen estimates		
	Male	Female	Total	Male	Female	Total	Male	Female	Total
0-4 years	1981984	1902443	3884427			0			0
5-9 years	1966731	1874688	3841419			0			0
10-14 years	1940517	1843411	3783928			0			0
15-19 years	1949381	1866051	3815432			0			0
20-24 years	2022307	1986655	4008962			0			0
25-29 years	1967866	1988926	3956792			0			0
30-34 years	1902811	1918253	3821064			0			0
35-39 years	2158654	2181909	4340563			0			0
40-44 years	2151121	2194178	4345299			0			0
45-49 years	2140122	2213590	4353712			0			0
50-54 years	2033465	2141310	4174775			0			0
55-59 years	1993592	2104449	4098041			0			0
60-64 years	1847480	1955265	3802745			0			0
65+ years	4357748	6208525	10566273			0			0
Total	30413779	32379653	62793432	0	0	0	0	0	0
Female population aged 15-44 years		12135972			-			-	
Data year	2010 reported in 2010								
Source, Year	UN 2011								

Ethnicity. Please enter data for the main ethnic groups if you are working with a population that is different from that of the country.

Ethnic group	Number	% population

Fertility and mortality	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Crude birth rate: live births (LB) / year / 1000 population	15.51	Unicef, 2013				
Still birth rate: still births (SB) / year / 1000 total births	5.06	WHO, 2009				
Total births in 1000s (LB+SB) per year	73	Unicef, 2013				
Infant mortality rate: infant deaths / 1000 LB / year	8.6	Unicef, 2013				
Under-5 mortality rate: U5 deaths / 1000 LB / year	10.1	Unicef, 2013				
Percentage births in women >35 years						
Life expectancy at birth (yrs)	79.31	Unicef, 2013				
% of marriages consanguineous						

Maternal health	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Prenatal visits – at least 1 visit (%)	89.9	Unicef, 2013				
Prenatal visits – at least 4 visits (%)	85.8	Unicef, 2013				
Births attended by skilled health personnel (%)	99.26	Unicef, 2013				
Contraception prevalence rate (%)	82.1	Unicef, 2013				
Unmet need for family planning (%)						
Total fertility rate	1.83	Unicef, 2013				
% home births						
% births at health care services	98.87	Unicef, 2013				
Newborn health	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Number of neonatal examinations by SBA / trained staff						
% neonatal examinations by SBA/ trained staff						

Socio-economic indicators	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Gross national income per capita (PPP int. \$)	11950	Unicef, 2013				
% population living on < US\$1 per day	2.4	Unicef, 2013				
Birth registration coverage (%)	>90	WHO 2011				
Death registration coverage (%)	75-89	WHO, 2009				

LB = live births

PPP = purchasing power parity

SBA = skilled birth attendant

Costa Rica
Shared Data
Health Services Data

Please read first! If you have already completed a needs assessment for a different topic in this country, you will be able to copy the Health Services information from that Calculator into here. The information should be the same.

This section provides health-service-related information for your country.

By default, the Toolkit contains information at the national level.

If you would like to use a different population, then replace country information with that of your specific population of interest.

Health Expenditure	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Per capita total expenditure on health (PPP int. \$)	1329.8	WHO 2011				
Total expenditure on health as percentage of GDP	10.9	WHO 2011				
Per capita government expenditure on health (PPP int. \$)	932.1	WHO 2011				
External resources for health as percentage of total expenditure on health	0.9	WHO 2011				
General government expenditure on health as percentage of total expenditure on health	70.1	WHO 2011				
Out-of-pocket expenditure as percentage of private expenditure on health	91	WHO 2011				
Private expenditure on health as percentage of total expenditure on health	29.9	WHO 2011				
General government expenditure on health as percentage of total government expenditure	28	WHO 2011				

Health Workforce	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Number of nursing and midwifery personnel	3653	WHO, 2000				
Nursing and midwifery personnel density (per 10,000 population)	9.3	WHO, 2000				
Number of physicians	5204	WHO, 2000				
Physician density (per 10,000 population)	13.2	WHO, 2000				
Number of obstetricians						
Number of paediatricians						
Number of paediatric surgeons						
Number of paediatric cardiac surgeons						
Number of paediatric neurosurgeons						
Number of clinical geneticists						
Number of genetic counsellors						
Number of community health workers						
Number of skilled birth attendants (SBA)						
Density of SBA						
Number of lab staff providing cytogenetic testing						

Number of lab staff providing molecular genetics						
Number of lab staff providing biochemical tests for genetics						
Number of skilled health attendants						

Infrastructure	Estimate	Source, Year	Your estimate	Source, Year	Chosen estimate	Source, Year
Number of maternity units						
Number of services providing specialised care for people with CD						
Number of family planning services						
Number of preconception services						
Number of services providing prenatal care						
Number of services providing newborn care						
Number of facilities providing genetic services						
Number of laboratories providing cytogenetics						
Number of laboratories providing molecular genetics						
Number of laboratories providing biochemical tests for genetics						
Number of facilities for safe terminations of pregnancies for fetal defects						

PPP = purchasing power parity

GDP = gross domestic product

SBA = skilled birth attendant

CD = congenital disorders

Costa Rica**Teratogens****Teratogenic risk factors for congenital disorders in women of reproductive age**

Risk factors	Proportion of women with risk factor	Qualitative assessment*	Variation	Source
Teratogen exposure: environmental, agricultural and occupational				
Exposure to teratogenic prescribed and non-prescribed medicines				
Syphilis				
Rubella susceptibility				
Rubella infection				
Other infections (e.g. CMV or HIV)				
Alcohol consumption				
Tobacco use				
Iodine deficiency				
Folate deficiency				
Other risk factors				
Obesity				
Diabetes				

* Complete if numerical data are unavailable. Use numbers from 1 to 5, where 1 = low importance and 5 = high importance.

Costa Rica**Teratogens****Epidemiology teratogen associated congenital disorders**

Please enter data either for a specific teratogen or for congenital disorders caused by teratogens as a whole.

Table TER-NA1.2a Burden of disease in pregnancy, at birth and at population level			
Chosen estimates			
Indicator	Number (n)	n/1000 TB	Range of prevalence (/1000 TB)
Annual affected live births (LB)			
Annual affected stillbirths (SB)			
Annual affected births (LB+SB)			
Annual affected persons (all age groups)			
Table TER-NA1.2b Mortality indicators			
Chosen estimates			
Indicator	Number (n)	n/1000 LB	Range of prevalence (/1000 TB)
Annual overall mortality			
Annual neonatal mortality			
Annual infant mortality			
Annual under-5 mortality			
Mean life expectancy at birth among affected people			

TB = total births (live births + stillbirths)

Costa Rica

Teratogens

TER Interventions 1:Effect of preconception screening and treatment

Baseline prevalence of teratogen-induced congenital disordersper 1000 total births (live + still)		
Variables		
Proportion of women reducing teratogen risk to safe levels during pregnancy		Range: 0 to 1
Effectiveness of interventions on the outcome		Range: 0 to 1
Results		
% prevalence reduction due to intervention per 1000 total births		0%
Final prevalence of teratogen-induced congenital disorders per 1000 births		0.000

Costa Rica

Teratogens

TER Interventions 1: Effects of prenatal screening and pregnancy termination

Assumption: prenatal services are equally used for cases which would lead to still births and live births.

This could overestimate the impact of ToP if in fact ToP is more likely for severe cases that would result in still birth.

Conversely, the impact of ToP could be underestimated if screening is only available to high-income women at lower risk.

100% specificity of prenatal diagnosis assumed.

Baseline prevalence, per 1000 TB (LB + SB)		See previous sheet. Use baseline either before or after interventions.
Variables		
Coverage of prenatal diagnosis		Range: 0 to 1
Choice of ToP in confirmed cases		Range: 0 to 1
Results		
% prevalence reduction due to PNS	0%	
Prevalence reduction due to PNS	0.000	
Final prevalence after PNS	0.000	

PNS = prenatal screening

ToP = termination of pregnancy

TB = total births (live births + still births)

Costa Rica**Teratogens****TER Needs Assessment 3: Quantitative assessment of interventions**

Table TER-NA3a	Estimated prevalence in the absence of interventions for TER	
Indicator	Number (n)	Prevalence (n/1000)
Women of childbearing age at increased teratogenic risk		
Potential live births		
Potential still births		

Table TER-NA3b	Current situation in relation to interventions before pregnancy		
Intervention	Coverage (%)	Cases averted (n)	Cases averted/1000 TB
Effect of family planning, education			
Occupational health monitoring			
Environmental health monitoring			
Interventions to reduce risk			
Information on risks and exposures			
Overall effect			

Table TER-NA3c	Target situation in relation to interventions before pregnancy		
Intervention	Coverage (%)	Cases averted (n)	Cases averted/1000 TB
Effect of family planning, education			
Occupational health monitoring			
Environmental health monitoring			
Interventions to reduce risk			
Information on risks and exposures			
Overall effect			

Table TER-NA3d	Current situation in relation to interventions during pregnancy		
Intervention	Coverage (%)	Cases managed (n)	Cases managed/1000 TB
Education on risks			
Targeted prenatal screening based on exposure			
Prenatal diagnosis			
Termination of pregnancy			
Maternal protection legislation			
Information on risks and exposures			
Overall effect			

Table TER-NA3e	Target situation in relation to interventions during pregnancy		
Intervention	Coverage (%)	Cases managed (n)	Cases managed/1000 TB
Education on risks			
Targeted prenatal screening based on exposure			
Prenatal diagnosis			
Termination of pregnancy			
Maternal protection legislation			
Information on risks and exposures			
Overall effect			

Table TER-NA3f	Current situation in relation to interventions after birth		
Intervention	Coverage (%)	Cases managed (n)	Cases managed/1000 LB
Effect of newborn screening			
Effect of newborn diagnosis			
Effect of clinical and related interventions			
Effect of social care and support			
Effect of education interventions			
Compensation legislation			
Overall effect			

Table TER-NA3g	Target situation in relation to interventions after birth		
Intervention	Coverage (%)	Cases managed (n)	Cases managed/1000 LB
Effect of newborn screening			
Effect of newborn diagnosis			
Effect of clinical and related interventions			
Effect of social care and support			
Effect of education interventions			
Compensation legislation			
Overall effect			

Table TER-NA3h	Current and desired outcomes			
	Current situation		Target situation	
Indicator	Annual number (n)	Incidence (n/1000)	Annual number (n)	Incidence (n/1000)
Estimated affected pregnancies				
Live births (LB)				
Still births (SB)				
All births (LB+SB)				
Estimated population prevalence				
All age groups				
Estimated mortality / 1000 live births				
Neonatal deaths				
Infant deaths				
Under-5 deaths				

TB = total births (live births + still births)